

## WEEKLY CALENDAR

**TODAY:** 2<sup>nd</sup> SUNDAY OF GREAT LENT, S<sup>t</sup> GREGORY PALAMAS  
9:05am: Hours 9:30am: Divine Liturgy,  
Acolytes: check in the Altar Church School  
**Thanksgiving Prayers:** Luba Thome Potluck: A-G (wine & oil)  
SISTERHOOD MEETING

Tues: 3/18: 10:00am: Jesus Prayer  
10:30am: Book Study: **The Divine Liturgy**

Wed: 3/19: 5:40pm: 9<sup>th</sup> Hour, Typica  
6:00pm: Liturgy of the Presanctified Gifts (Lenten Potluck)

Thur: 3/20: 12:30pm: UNM OCF in Room #317; Dane Smith Hall

Fri: 3/21: 6:00pm: Akathist with Small Compline

Sat: 3/22: MEMORIAL SATURDAY  
4:30pm: Choir Rehearsal  
5:30pm: Panikhida  
6:00pm: Great Vespers, Confessions

Sun: 3/23: 3<sup>rd</sup> SUNDAY OF GREAT LENT, VEN. OF THE PRECIOUS CROSS  
9:05am: Hours 9:30am: Divine Liturgy  
Acolytes: check in the Altar Church School  
**Thanksgiving Prayers:** George Patrick Potluck: H-P (wine & oil)

## S<sup>t</sup> Gregory Palamas

COMMEMORATED THIS DAY

S<sup>t</sup> Gregory Palamas, Archbishop of Thessalonica, was born in the year 1296 in Constantinople. He was taught the method of unceasing prayer and mental activity, which had been cultivated by monastics, beginning with the great desert ascetics of the fourth century: Evagrius Pontikos and S<sup>t</sup> Macarius of Egypt. Later on, in the eleventh century S<sup>t</sup> Simeon the New Theologian provided detailed instruction in mental activity for those praying in an outward manner and the ascetics of Athos put it into practice. The experienced use of mental prayer (or prayer of the heart), requiring solitude and quiet, is called Hesychasm (from the Greek hesychia meaning calm, silence), and those practicing it were called hesychasts. In 1351 the Council of Blachernae solemnly upheld the Orthodoxy of S<sup>t</sup> Gregory's teachings (*Triads in Defense of the Holy Hesychasts*.) He performed many miracles in the three years before his death, healing those afflicted with illness. On the eve of his repose, S<sup>t</sup> John Chrysostom appeared to him in a vision with the words: To the heights! To the heights! S<sup>t</sup> Gregory Palamas fell asleep in the Lord on November 14, 1359. In 1368 he was canonized at a Constantinople Council under Patriarch Philotheus, who compiled the Life and Services to the saint.

...oca.org/saints/lives

## All Saints of North America Orthodox Church



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[www.allsaintsofnorthamerica.net](http://www.allsaintsofnorthamerica.net)

*A Parish of the Orthodox Church in America (OCA)*

*Diocese of the South (DOS)*

The Rev. Priest Nikolay Miletkov, Rector (505) 414-3670

The Rev. Protodeacon Nicholas Jannakos (505) 332-2033

The Rev. Deacon Stephen Henne (505) 369-0638

The Rev. Deacon Gerry Sondergaard (505) 266-5167

Mike Ruehle, Parish Council President (505) 797-3501

2<sup>nd</sup> Sunday Of Great Lent  
March 16<sup>th</sup> 2014  
S<sup>t</sup> Gregory Palamas

Welcome Visitors! Christ is in Our Midst!

We are honored you are visiting today. \* Liturgy **Books** may be found on the **Candle Table** at the back of the church. \* We **invite you to fill out a Visitor's Card**, also on the Candle Table & place it in one of the Collection Baskets there. \* We do not take up a **Collection** during our services but rather ask you to place donations in one of the baskets on the Candle Table or next to the **Book Store Table**. \* While only Orthodox Christians who have prepared themselves may receive **Holy Communion**, everyone is welcome to come forward at the end of Liturgy to receive a blessing from our priest and to take the blessed bread. \* It is the **Orthodox practice** to stand during services as a sign of reverence for the Lord but if you need to sit, please do so. Use of chairs is shared. If you are able, we particularly try to stand during the processions with the Gospel and the Gifts, during the Readings, the Creed, during the preparation of the Holy Eucharist, the Lord's Prayer and reception of Communion. \* We **invite you** to stay after the Thanksgiving Prayers **for fellowship** and coffee, so that we may greet you personally, and to answer any questions you may have about our faith, our parish or today's service. \* Please help yourself to the brochures and information on the east side counter. \* All children **ages three through twelve** are encouraged to attend our Sunday School after Holy Communion.

\* **We hope you will visit us again very soon.** \*

Please send Prayer Corner names and updates along with bulletin announcements to:  
Daniel Schulte at: [drschulte@hughes.net](mailto:drschulte@hughes.net) or call 505-495-9200.

## Rubrics for Today: Resurrection Tone 5

Resurrection tone sheets are on the Literature Table

Along with Special Sheets for the Second Sunday of Great Lent

Resurrection texts are also in the appendices of the black Liturgy books

### PRAYER CORNER

**May God Grant Many Years!** to Michael Jannakos, Chuck Hembree & Patrick Moore on their Birthdays and Diane Prokipchak on her name day.

**May the Lord grant His mercy and healing to those diagnosed with cancer:** Anne, Nikolay, Karen, Maria, Michael, Berta, Nina, Paul, Protodeacon Nicholas, Seamus, Ron, Infant Silas, Maria, Lindsey, Bishop Nikon of Boston, Chris, Kathy, Matushka Valerie, Jashua, Wayne, Martina, Madolyn, Archbishop Lazar, Frank, Fr. Peter, Mary Ann, Dr. Frye, Leonard, Jerry, Mike, Warren, Bob, Mary Beth, Christine, Alex, Debra, Rolf, Kenneth, Diane, Brandon, Rosemary, Marilyn, Anita, Amanda, Jenn, Martha, Jim, Lukas, Matthew, Mike, Anna, Susan, William, Donna, Nancy, Pamela, Bryan, Marcella. **And for those in remission from cancer:** Galina, Yelena, Yelena, Galina, Jasmine, Joan, Fr. Silouan, Seraphim, Jo, Alexander, Jo, Anna.

**May the Lord send his angels to protect those deployed or working in combat areas:** Ricky & Dmitrius.

**May the Lord grant His mercy and healing to those with other ailments, injuries, difficult situations and intentions needing prayer:** Tresea, Julie, Ben, Christine, Tana, Emily, Al, Anna, Andrea, Elias, Joan, Evgeny, Gregory, Nancy, Olivia, Dawit, Ruth Ann, Michael, Shoshannah & the infant Holly, Matt, Randall, Subdcn Columcille, Karen, Veronica, Clare, Ray & Trish & their children Brett & Donna, Dale, James, Galina, Andrey, Fotiniya, Nikolay, Evdokiya, Matrena, John and Sharon, Emilia, Valerie, child Anthony, Savelia, Dcn Steven, George, Steve, Dcn Gerry, Sbdcn Mark, Maria, Elizabeth, Robert, Gus, Bill, Thomas, Mark, Patrick, Patricia, Paul & Joyce, Maria, Vasile & Valerie, George, Marylee, Diana, Warren, Bill, Robert, Doug & his family, Mark, Frank, Infant Leo, Cassandra, Julie, Cynthia, Tamera, Faith, Hope and Thomas, Chuck and Melissa, Anna, Irene, Kent, George, Jeremy & Coltin, Janet, Paul, Fr Sergei, Monica, Darla, Melissa, Andrea, Layla Anne, Renee, Maria, Mary Ann, Marilyn, Stephanie, William, Anya, Jose, Ludmilla, Jim, Loren, John, Sharon, Subdcn Gregory, Fr Christopher, Shanna & daughters Michaela, Cheyenne and Logan, Bryan, child Elijah and parents Janice and Timothy, Bob, Mary, Gail, Arnold, Sarah, Elizabeth, Ernest, Robert, Mother Anna, Basil, Stephen, Rick, Connie, Susan, Rebecca, Rick, Lela & her brother.

**God Grant Many Years!** to all those others celebrating Name Days, Birthdays and Anniversaries.

**O Lord, send your Angels** to watch over all those traveling.

#### Parish Financial Report: YTD Through February, 2014

Operating Income: \$17,839<sup>19</sup> Operating Expenses: \$18,354<sup>98</sup> Shortfall: -\$515<sup>79</sup>

Charity Collections: \$735<sup>00</sup> Building Fund: \$7,420<sup>10</sup>

## ANNOUNCEMENTS & NOTICES

- **MEMORIAL SATURDAYS:** Next Two Saturdays are Memorial Saturdays. There is a basket on the Literature Table with blank Memorial Saturday slips to have departed loved ones remembered at the Panikhidas. Orthodox and non-Orthodox can be written on these particular lists. (Saint name/first name) Please write your name in the **Requested by** space and leave it in the basket.
- **WE ARE ALL VERY GRATEFUL TO OUR SISTERHOOD** for providing such a wonderful Lenten meal and hospitality after our Pan-Orthodox Vespers for Sunday of Orthodoxy. Pictures from the service are available on our website at: <http://www.allsaintsofnorthamerica.net/pictures.html>. Also, on the OCA website there are pictures from Sunday of Orthodoxy around the county: at: <http://oca.org/media/photos/sunday-of-orthodoxy-around-the-oca-2014>
- **FLOWER BASKET:** A donation basket is out next to the Tithes Collection Box for donations to purchase Palm Sunday palms and pussy willows, Holy Friday tomb flowers and Pascha flowers. Please write "Flowers" on the memo line of your check.
- **IF YOU WISH TO CONTRIBUTE** to a charitable fund for Matushka Ingrid all you need do is write a check to ASONA and write "Matushka Ingrid" on the "for" line and it will be passed through to her. Thank you.

**REPENT FOR THE KINGDOM OF HEAVEN IS AT HAND!** Great Lent is often referred to as the school of repentance, because the purpose of the fast is not to change our diet, but to undergo a change of mind, a change of heart, a true conversion. And in order for this to become a reality it is indispensable for us to prepare ourselves and come to the Sacrament of Confession with humility and contrition for a broken and contrite heart, God will not despise (Psalm 51:17). Our typical time for Confession is on Saturdays after Great Vespers. However, I'm available at other times if you would like to contact me and make an appointment. Please do not wait until the end, for due to the busy schedule of Holy Week, there will be no Confessions then. ...God Bless, Fr. Nikolay

**THE PRAYER OF ST. EPHRAIM** is our faithful companion during the Lenten journey. This prayer is incorporated in every weekday service during the Great Fast, but we should also include it in our own prayer rule as well. Furthermore, I would like to encourage us to contemplate on its profound meaning in the coming days leading to Pascha. ...Fr. Nikolay.

#### PRAYER OF ST. EPHRAIM

O Lord and Master of my life! Take from me the spirit of sloth, despair, lust of power, and idle talk (full prostration). But give rather the spirit of chastity, humility, patience, and love to Thy servant (full prostration). Yea, O Lord and King! Grant me to see my own transgressions and not to judge my brother; for blessed art Thou unto ages of ages. Amen (full prostration).

O God, cleanse me a sinner and have mercy on me (12 times, bowing each time).

(Then repeat the entire prayer as a whole with one full prostration at the end.)